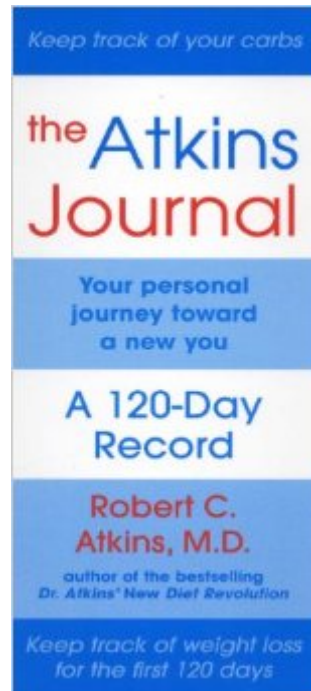


The book was found

# The Atkins Journal: Your Personal Journey Toward A New You, A 120-Day Record



## Synopsis

This journal is a valuable ally to help you do Atkins properlyâ€•enhancing your potential to manage your weight and improve your overall health!

## Book Information

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Best Sellers Rank: #240,627 in Books (See Top 100 in Books) #60 inÂ  Books > Health, Fitness & Dieting > Diets & Weight Loss > Atkins Diet #1738 inÂ  Books > Health, Fitness & Dieting > Diets & Weight Loss > Weight Loss #2618 inÂ  Books > Health, Fitness & Dieting > Diets & Weight Loss > Other Diets

## Customer Reviews

It is astonishing to read the slam pieces here about Dr. Atkins so-called obesity and overweight condition at the time of his death. Here are the facts:\* He previously had a heart condition called cardiomyopathy -- a serious disease of the heart muscle which is unrelated to diet.\* He died of a head injury because of an accident falling on slippery ice and not of being overweight.\* His actual weight was 200 pounds when he was admitted to the hospital at the time of his accident. The erroneous reports of him weight 258 lbs was based on his weight at the time of his death. The extra weight was not fat, but an accumulation of body fluids linked to organ failure during his coma.\* His previous reported heart attack was due to a viral infection and not diet related. He spoke openly of his condition on various national news programs.\* The report that was released about him being overweight was leaked to the press by a group named "Physicians Committee for Responsible Medicine", which is an ardent opponent of the Atkins diet. In short, they distorted his weight by reporting the weight at the time of death - 258 lbs, and not at the time of his admittance - 200 lbs...an obvious attempt to discredit and distort the facts surrounding Dr. Atkins death.\* A formal complaint has been filed by the Medical Examiner of New York regarding the suspicious leak of this information to the public by the Physicians Committee for Responsible Medicine."\* The

disinformation surrounding Dr. Atkins untimely death is politically driven by the AMA and other detractors of the diet. Dr. Atkins book, New Diet Revolution has turned the AMA and other nutritional views upside down and has created a furor over the standard edicts of the medical profession.

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